Heartwell Therapy LLC

A Relationship Reset
Couples Workshops

Four Two-Part Interactive Sessions



Jan-April 2027

Thursdays: 5:30 pm - 7 pm ET

Two-Part Virtual Workshops: Twice A Month

A Psycho-Educational Series for Couples in PA

1. Being Intentional & Present
2. Reigniting Lost Desire: Curiosity & Intimacy
3. Effective Communication/Conflict Management
4. Mental Load: A Look at Equitable Distribution

HWT is offering 4 two-part workshops. Sign up for one or all four sessions at www.heartwellpa.com/therapy-services/workshops.

Secure your participation today - spots are limited.