Heartwell Therapy LLC

Effective Communication **& Conflict Management**

A Couples Interactive Workshop



Mar
11th & 25th
2027

Thursdays: 5:30 pm - 7 pm ET

Two-Part Workshop: Virtual Twice A Month

A Psychoeducational Series for Couples in PA

- What is conflict?
- Identifying Unproductive Conflict
- Effective Communication Skills

This workshop (#3) is part of a four-workshop series. Sign up for one or all four at **heartwellpa.com/therapy-services/workshops.**

Secure your participation today - spots are limited.