Heartwell Therapy LLC

Being Intentional & Present ***In Your Relationship***

A Couples Interactive Workshop



Jan
14th & 28th
2027

Thursdays: 5:30 pm - 7 pm ET

Two-Part Workshop: Virtual Twice A Month

A Psycho-Educational Series for Couples in PA

- Mindfulness
- Creating Relationship Rituals
- Establishing Relationship Check-Ins
- Dating Your Partner With Intention

This workshop (#1) is part of a four-workshop series. Sign up for one or all four at **heartwellpa.com/therapy-services/workshops.**

Secure your participation today - spots are limited.